



# NUTRITION & ALLERGEN INFORMATION

Our stores strive to achieve the highest quality in cleanliness and food safety. However, we cannot guarantee our products be completely free from food allergens and potential cross-contamination due to the nature of the preparation and serving areas. These allergens include **gluten, wheat, oats, rye, barley, fish, crustacean, mollusc, egg, milk, lupin, peanut, soy, sesame, sulphites**, and tree nuts including **almond, Brazil nut, cashew, hazelnut, macadamia, pecan, pistachio, pine nut** and **walnut**.

Actual values may differ from those listed below due to the individual preparation of our products. Please use this nutrition & allergen information manual as a guide only.

**donut**king..

**Toasted S/W - Chicken, Cheese and Avocado**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 194.5 g



	Average Quantity per Serving	Average Quantity Per 100g
Energy	1990 kJ (475 Cal)	1020 kJ (244 Cal)
Protein	19.1 g	9.8 g
Fat, total	24.8 g	12.7 g
-saturated	9.0 g	4.6 g
Carbohydrate	41.3 g	21.2 g
-sugars	2.4 g	1.2 g
Sodium	849 mg	437 mg

Ingredients: Bread (**Wheat** Flour, Water, **Rye** Meal, Yeast, Vinegar, Iodised Salt, Canola Oil, Cultured **Wheat** Flour, **Wheat** Gluten, **Soy** Flour, Vegetable Emulsifiers (481, 471, 472e), **Rye** Flour, Vitamins (Thiamin, Folic Acid)), Chicken Breast (Chicken, Water, Thickener (1414), Mineral Salts (450, 451), **Soy** Protein, Dextrose, Vegetable Gums (407a, 415), Salt, Food Acid (331), Natural Flavouring (Roast Chicken), Vegetable Oil, Maltodextrin, Yeast Extract), Avocado, Cheese (Pasteurised **Milk**, Salt, Starter Cultures, Non-animal Rennet, Non-animal Lipase), Margarine (Vegetable Oils (Canola, Fully Hydrogenated Palm Oil), Water, Salt, Emulsifiers (E471, E322 (**Soy**)), **Milk** Solids, Preservative (E202), Acidity Regulator (E270), Natural Colour (E160a(iv)), Vitamins A And D, Natural Flavour).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Sesame.**

**Toasted S/W - Ham, Cheese and Tomato**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 239.5 g




	Average Quantity per Serving	Average Quantity Per 100g
Energy	1790 kJ (429 Cal)	749 kJ (179 Cal)
Protein	18.9 g	7.9 g
Fat, total	19.2 g	8.0 g
-saturated	7.6 g	3.2 g
Carbohydrate	42.4 g	17.7 g
-sugars	5.1 g	2.1 g
Sodium	985 mg	411 mg

Ingredients: Bread (**Wheat** Flour, Water, **Rye** Meal, Yeast, Vinegar, Iodised Salt, Canola Oil, Cultured **Wheat** Flour, **Wheat** Gluten, **Soy** Flour, Vegetable Emulsifiers (481, 471, 472e), **Rye** Flour, Vitamins (Thiamin, Folic Acid)), Tomato, Ham (Pork, Water, Salt, Acidity Regulators (326, 262), Dextrose (Maize, Tapioca), Emulsifiers (450, 451, 508), Pork Protein (Herb Extract), Sugar, Modified Tapioca Starch (1412), Thickener (407a), Antioxidant (316), Sodium Nitrite (250), Potato Fibre, Citrus Fibre, Canola Oil), Cheese (Pasteurised **Milk**, Salt, Starter Cultures, Non-animal Rennet, Non-animal Lipase), Margarine (Vegetable Oils (Canola, Fully Hydrogenated Palm Oil), Water, Salt, Emulsifiers (E471, E322 (**Soy**)), **Milk** Solids, Preservative (E202), Acidity Regulator (E270), Natural Colour (E160a(IV)), Vitamins A And D, Natural Flavour).


**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Sesame.**

Banana Milkshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 357 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1380 kJ (330 Cal)	386 kJ (92 Cal)
Protein	9.9 g	2.8 g
Fat, total	9.3 g	2.6 g
-saturated	6.1 g	1.7 g
Carbohydrate	50.4 g	14.1 g
-sugars	47.4 g	13.3 g
Sodium	152 mg	43 mg


Ingredients: **Milk**, Water, Banana Topping (Water, Sugar, Thickener (412), Flavour, Acidity Regulator (330), Preservative (211), Colour (102)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Banana Milkshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 260 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1080 kJ (258 Cal)	414 kJ (99 Cal)
Protein	6.9 g	2.7 g
Fat, total	6.5 g	2.5 g
-saturated	4.3 g	1.6 g
Carbohydrate	41.9 g	16.1 g
-sugars	39.5 g	15.2 g
Sodium	108 mg	42 mg


Ingredients: **Milk**, Banana Topping (Water, Sugar, Thickener (412), Flavour, Acidity Regulator (330), Preservative (211), Colour (102)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Banana Thickshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 455 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2140 kJ (512 Cal)	471 kJ (113 Cal)
Protein	11.3 g	2.5 g
Fat, total	8.4 g	1.8 g
-saturated	6.1 g	1.3 g
Carbohydrate	95.3 g	21.0 g
-sugars	85.6 g	18.8 g
Sodium	255 mg	56 mg


Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Banana Topping (Water, Sugar, Thickener (412), Flavour, Acidity Regulator (330), Preservative (211), Colour (102)).

**Contains Milk, Soy.**

Banana Thickshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 349 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1660 kJ (398 Cal)	477 kJ (114 Cal)
Protein	8.5 g	2.4 g
Fat, total	6.5 g	1.9 g
-saturated	4.7 g	1.3 g
Carbohydrate	74.2 g	21.3 g
-sugars	67.2 g	19.3 g
Sodium	188 mg	54 mg

Ingredients: **Milk**, Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Banana Topping (Water, Sugar, Thickener (412), Flavour, Acidity Regulator (330), Preservative (211), Colour (102)).

**Contains Milk, Soy.**


Buddy Chocolate		
Nutritional Information		
Servings per package: 1		
Serving Size: 79 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1330 kJ (317 Cal)	1680 kJ (401 Cal)
Protein	3.0 g	3.8 g
Fat, total	15.4 g	19.5 g
-saturated	7.5 g	9.5 g
Carbohydrate	41.1 g	52.0 g
-sugars	24.2 g	30.7 g
Sodium	166 mg	210 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Smarties (Sugar, **Milk** Solids, Cocoa Butter, Cocoa Mass, **Wheat** Flour, Vegetable Fat (Emulsifier (**Soy** Lecithin))), Rice Starch, Emulsifiers (**Soy** Lecithin, 476), Colours (Carmine, Beta Carotene, Anthocyanin, Copper Chlorophyllin, Turmeric), Glazing Agents (903, 901), Spirulina Powder, Flavour), Sprinkles (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Sprinkles (Sugar, Vegetable Fat (Emulsifiers (322 **Soy** Lecithin))), Glucose (From Wheat), Colours (124, 123, 133)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**



Buddy Strawberry		
Nutritional Information		
Servings per package: 1		
Serving Size: 79 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1330 kJ (317 Cal)	1680 kJ (401 Cal)
Protein	3.0 g	3.8 g
Fat, total	15.4 g	19.5 g
-saturated	7.5 g	9.5 g
Carbohydrate	41.2 g	52.1 g
-sugars	24.4 g	30.9 g
Sodium	163 mg	206 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Strawberry Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Flavouring (Colour (120))), Smarties (Sugar, **Milk** Solids, Cocoa Butter, Cocoa Mass, **Wheat** Flour, Vegetable Fat (Emulsifier (**Soy** Lecithin)), Rice Starch, Emulsifiers (**Soy** Lecithin, 476), Colours (Carmine, Beta Carotene, Anthocyanin, Copper Chlorophyllin, Turmeric), Glazing Agents (903, 901), Spirulina Powder, Flavour), Sprinkles (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Sprinkles (**Barley**, **Oats**, **Rye**) (Sugar, Vegetable Fat (Emulsifiers (322 - **Soy** Lecithin)), Glucose From **Wheat**), Colours (133, 122)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Peanut, Tree Nuts, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**

**Cappuccino - Lge**

Nutritional Information  
Servings per package: 1  
Serving Size: 356 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	802 kJ (192 Cal)	217 kJ (52 Cal)
Protein	10.3 g	2.8 g
Fat, total	10.2 g	2.8 g
-saturated	6.6 g	1.8 g
Carbohydrate	14.5 g	3.9 g
-sugars	14.5 g	3.9 g
Sodium	121 mg	33 mg

Ingredients: **Milk**, Water, Coffee, Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

**Contains Milk.**

**May Contain Soy.**

Cappuccino - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 280 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	596 kJ (142 Cal)	213 kJ (51 Cal)
Protein	7.6 g	2.7 g
Fat, total	7.6 g	2.7 g
-saturated	4.9 g	1.8 g
Carbohydrate	10.8 g	3.9 g
-sugars	10.8 g	3.9 g
Sodium	90 mg	32 mg

Ingredients: **Milk**, Water, Coffee, Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

**Contains Milk.**

**May Contain Soy.**

**Cappuccino - Sml**

Nutritional Information  
Servings per package: 1  
Serving Size: 230 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	518 kJ (124 Cal)	225 kJ (54 Cal)
Protein	6.6 g	2.9 g
Fat, total	6.6 g	2.9 g
-saturated	4.3 g	1.9 g
Carbohydrate	9.4 g	4.1 g
-sugars	9.4 g	4.1 g
Sodium	78 mg	34 mg

Ingredients: **Milk**, Water, Coffee, Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).


**Contains Milk.**

**May Contain Soy.**

Caramel Iced Cake		
Nutritional Information		
Servings per package: 1		
Serving Size: 59 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	751 kJ (180 Cal)	1270 kJ (304 Cal)
Protein	2.3 g	4.0 g
Fat, total	3.6 g	6.2 g
-saturated	1.4 g	2.4 g
Carbohydrate	33.5 g	56.8 g
-sugars	19.5 g	33.1 g
Sodium	260 mg	441 mg

Ingredients: Donut Mix (**Wheat** Flour (Vitamins (Thiamin, Folate)), Sugar, Vegetable Oil (**Soybean** Oil (Antioxidant 307)), **Soybean** Flour, Raising Agents (450, 500), **Milk** Solids, **Egg** Yolk Powder, Salt, **Wheat** Starch, Emulsifiers (471, 322 (**Soy**), Dextrose (Maize), Spice, Thickener (415 (**Soy**)), Flavour), Caramel Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (150c, 160a, 120))), Water, Vegetable Oil, Sprinkles (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)).


**Contains Gluten, Wheat, Egg, Milk, Soy.**

Caramel Iced Ring		
Nutritional Information		
Servings per package: 1		
Serving Size: 70 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1180 kJ (283 Cal)	1690 kJ (404 Cal)
Protein	3.0 g	4.3 g
Fat, total	15.0 g	21.4 g
-saturated	7.2 g	10.3 g
Carbohydrate	33.7 g	48.1 g
-sugars	17.8 g	25.4 g
Sodium	163 mg	232 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Caramel Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (150c, 160a, 120))), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Tree Nuts.**

Caramel Milkshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 371 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1490 kJ (356 Cal)	402 kJ (96 Cal)
Protein	10.0 g	2.7 g
Fat, total	9.3 g	2.5 g
-saturated	6.2 g	1.7 g
Carbohydrate	57.0 g	15.4 g
-sugars	53.5 g	14.4 g
Sodium	164 mg	44 mg

Ingredients: **Milk**, Caramel Topping (Water, Sugar, **Milk**, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415 (**Soy**)), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

**Caramel Milkshake - Reg**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 273 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1190 kJ (284 Cal)	435 kJ (104 Cal)
Protein	7.0 g	2.5 g
Fat, total	6.5 g	2.4 g
-saturated	4.3 g	1.6 g
Carbohydrate	48.4 g	17.7 g
-sugars	45.6 g	16.7 g
Sodium	120 mg	44 mg

Ingredients: **Milk**, Caramel Topping (Water, Sugar, **Milk**, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415 (**Soy**)), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).


**Contains Milk, Soy.**



Caramel Thickshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 468 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2250 kJ (538 Cal)	481 kJ (115 Cal)
Protein	11.3 g	2.4 g
Fat, total	8.4 g	1.8 g
-saturated	6.2 g	1.3 g
Carbohydrate	102 g	21.8 g
-sugars	91.6 g	19.6 g
Sodium	267 mg	57 mg


Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Caramel Topping (Water, Sugar, **Milk**, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415 (**Soy**)), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt).

**Contains Milk, Soy.**

Caramel Thickshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 362 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1770 kJ (424 Cal)	490 kJ (117 Cal)
Protein	8.6 g	2.4 g
Fat, total	6.6 g	1.8 g
-saturated	4.7 g	1.3 g
Carbohydrate	80.8 g	22.3 g
-sugars	73.2 g	20.2 g
Sodium	200 mg	55 mg

Ingredients: **Milk**, Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Caramel Topping (Water, Sugar, **Milk**, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415 (**Soy**)), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt).


**Contains Milk, Soy.**

Chai Latte - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 421 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2030 kJ (485 Cal)	483 kJ (115 Cal)
Protein	13.2 g	3.1 g
Fat, total	18.3 g	4.3 g
-saturated	13.8 g	3.3 g
Carbohydrate	65.6 g	15.6 g
-sugars	62.4 g	14.8 g
Sodium	280 mg	67 mg

Ingredients: **Milk**, Spiced Chai (14%) (Sugar, Vegetable Fat (Fully Hydrogenated Coconut Oil), Cow **Milk** Solids, Glucose Syrup Solids, Tea Powder, Flavours, Cinnamon, Stabilisers (E340, E415, E452), Tapioca Starch, Spices, Salt, Anti-caking Agents (E551, E341), Emulsifiers (E471 Palm, E322 Soy)), Sugar, Cinnamon.

**Contains Milk.**


**May Contain Soy.**

Chai Latte - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 318 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1450 kJ (347 Cal)	456 kJ (109 Cal)
Protein	10.1 g	3.2 g
Fat, total	13.4 g	4.2 g
-saturated	10.0 g	3.1 g
Carbohydrate	45.5 g	14.3 g
-sugars	43.4 g	13.6 g
Sodium	202 mg	63 mg

Ingredients: **Milk**, Spiced Chai (13%) (Sugar, Vegetable Fat (Fully Hydrogenated Coconut Oil), Cow **Milk** Solids, Glucose Syrup Solids, Tea Powder, Flavours, Cinnamon, Stabilisers (E340, E415, E452), Tapioca Starch, Spices, Salt, Anti-caking Agents (E551, E341), Emulsifiers (E471 Palm, E322 Soy)), Sugar, Cinnamon.

**Contains Milk.**

**May Contain Soy.**

Chai Latte - Sml		
Nutritional Information		
Servings per package: 1		
Serving Size: 257 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	978 kJ (234 Cal)	381 kJ (91 Cal)
Protein	8.3 g	3.2 g
Fat, total	9.9 g	3.9 g
-saturated	7.1 g	2.8 g
Carbohydrate	27.3 g	10.6 g
-sugars	26.2 g	10.2 g
Sodium	139 mg	54 mg

Ingredients: **Milk**, Spiced Chai (8%) (Sugar, Vegetable Fat (Fully Hydrogenated Coconut Oil), Cow **Milk** Solids, Glucose Syrup Solids, Tea Powder, Flavours, Cinnamon, Stabilisers (E340, E415, E452), Tapioca Starch, Spices, Salt, Anti-caking Agents (E551, E341), Emulsifiers (E471 Palm, E322 Soy)), Sugar, Cinnamon.

**Contains Milk.**

**May Contain Soy.**

**Choc Honeycomb Mixer**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 175 g




	Average Quantity per Serving	Average Quantity Per 100g
Energy	1190 kJ (283 Cal)	678 kJ (162 Cal)
Protein	7.9 g	4.5 g
Fat, total	4.9 g	2.8 g
-saturated	3.7 g	2.1 g
Carbohydrate	54.5 g	31.1 g
-sugars	47.2 g	27.0 g
Sodium	226 mg	129 mg

Ingredients: Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Crunchie (Sugar, **Milk** Solids, Wheat Glucose Syrup, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifiers (**Soy** Lecithin 476), Raising Agent (500), Flavours, Hydrolysed **Milk** Protein), Salted Caramel Topping (Sugar, Water, Glucose Syrup, Invert Syrup, **Milk** Solids, Vegetable Fat, Salt, Thickeners (1442, 401), Emulsifiers (471, 322), Mineral Salts (339, 500) Preservative (202)).

**Contains Milk, Soy.**


**May Contain Gluten, Wheat, Peanut, Tree Nuts.**

Choc Jam Ball		
Nutritional Information		
Servings per package: 1		
Serving Size: 100 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1640 kJ (393 Cal)	1640 kJ (393 Cal)
Protein	3.8 g	3.8 g
Fat, total	17.5 g	17.5 g
-saturated	8.5 g	8.5 g
Carbohydrate	54.1 g	54.1 g
-sugars	34.4 g	34.4 g
Sodium	210 mg	210 mg

Ingredients: Jam Ball Donuts (**Wheat** Flour, Raspberry Flavoured Filling (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223 (Sulphites)), Colours (124, 122), Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Enzyme (**Wheat**)), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Raspberry Flavour Filling (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122))).

**Contains Gluten, Wheat, Milk, Soy.**


**May Contain Egg, Tree Nuts.**

Chocolate Iced Cake		
Nutritional Information		
Servings per package: 1		
Serving Size: 59 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	751 kJ (180 Cal)	1270 kJ (304 Cal)
Protein	2.4 g	4.0 g
Fat, total	3.6 g	6.2 g
-saturated	1.4 g	2.4 g
Carbohydrate	33.5 g	56.7 g
-sugars	19.5 g	33.0 g
Sodium	262 mg	444 mg

Ingredients: Donut Mix (**Wheat** Flour (Vitamins (Thiamin, Folate)), Sugar, Vegetable Oil (**Soybean** Oil (Antioxidant 307)), **Soybean** Flour, Raising Agents (450, 500), **Milk** Solids, **Egg** Yolk Powder, Salt, **Wheat** Starch, Emulsifiers (471, 322 (**Soy**), Dextrose (Maize), Spice, Thickener (415 (**Soy**)), Flavour), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Water, Vegetable Oil, Sprinkles (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)).

**Contains Gluten, Wheat, Egg, Milk, Soy.**




Chocolate Iced Ring		
Nutritional Information		
Servings per package: 1		
Serving Size: 70 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1200 kJ (286 Cal)	1710 kJ (409 Cal)
Protein	3.1 g	4.5 g
Fat, total	15.6 g	22.3 g
-saturated	7.5 g	10.8 g
Carbohydrate	32.9 g	47.0 g
-sugars	17.1 g	24.4 g
Sodium	164 mg	235 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Flake (Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, **Milk** Solids).


**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Peanut, Tree Nuts.**

Chocolate Milkshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 371 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1460 kJ (350 Cal)	395 kJ (94 Cal)
Protein	10.1 g	2.7 g
Fat, total	9.4 g	2.5 g
-saturated	6.2 g	1.7 g
Carbohydrate	54.9 g	14.8 g
-sugars	51.0 g	13.7 g
Sodium	188 mg	51 mg


Ingredients: **Milk**, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Chocolate Milkshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 273 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1160 kJ (278 Cal)	425 kJ (102 Cal)
Protein	7.1 g	2.6 g
Fat, total	6.6 g	2.4 g
-saturated	4.3 g	1.6 g
Carbohydrate	46.3 g	16.9 g
-sugars	43.1 g	15.7 g
Sodium	144 mg	53 mg


Ingredients: **Milk**, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Chocolate Sundae		
Nutritional Information		
Servings per package: 1		
Serving Size: 203 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1260 kJ (301 Cal)	621 kJ (148 Cal)
Protein	3.8 g	1.9 g
Fat, total	2.0 g	1.0 g
-saturated	1.7 g	0.8 g
Carbohydrate	65.1 g	32.1 g
-sugars	58.2 g	28.7 g
Sodium	152 mg	75 mg


Ingredients: Water, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Chocolate Thickshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 468 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2220 kJ (532 Cal)	476 kJ (114 Cal)
Protein	11.5 g	2.5 g
Fat, total	8.5 g	1.8 g
-saturated	6.2 g	1.3 g
Carbohydrate	99.7 g	21.3 g
-sugars	89.1 g	19.1 g
Sodium	291 mg	62 mg


Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)).

**Contains Milk, Soy.**

Chocolate Thickshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 362 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1750 kJ (418 Cal)	483 kJ (115 Cal)
Protein	8.7 g	2.4 g
Fat, total	6.6 g	1.8 g
-saturated	4.7 g	1.3 g
Carbohydrate	78.6 g	21.7 g
-sugars	70.7 g	19.5 g
Sodium	224 mg	62 mg


Ingredients: **Milk**, Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)).

**Contains Milk, Soy.**

Cinnamon Donut		
Nutritional Information		
Servings per package: 1		
Serving Size: 45.5 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	555 kJ (133 Cal)	1220 kJ (292 Cal)
Protein	2.3 g	5.1 g
Fat, total	3.6 g	8.0 g
-saturated	1.4 g	3.1 g
Carbohydrate	22.0 g	48.3 g
-sugars	8.9 g	19.6 g
Sodium	257 mg	566 mg

Ingredients: Donut Mix (**Wheat** Flour (Vitamins (Thiamin, Folate)), Sugar, Vegetable Oil (**Soybean** Oil (Antioxidant 307)), **Soybean** Flour, Raising Agents (450, 500), **Milk** Solids, **Egg** Yolk Powder, Salt, **Wheat** Starch, Emulsifiers (471, 322 (**Soy**), Dextrose (Maize), Spice, Thickener (415 (**Soy**)), Flavour), Water, Vegetable Oil, Sugar, Cinnamon.

**Contains Gluten, Wheat, Egg, Milk, Soy.**


Cinnamon Scroll		
Nutritional Information		
Servings per package: 1		
Serving Size: 96 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1620 kJ (388 Cal)	1690 kJ (404 Cal)
Protein	6.2 g	6.4 g
Fat, total	19.0 g	19.8 g
-saturated	8.6 g	9.0 g
Carbohydrate	46.6 g	48.5 g
-sugars	13.9 g	14.4 g
Sodium	331 mg	345 mg

Ingredients: Cinnamon Donut Scroll (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Cinnamon, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Processing Aid (**Wheat**)), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservative (200)).

**Contains Gluten, Wheat, Milk, Soy.**


**May Contain Egg, Almond, Hazelnut, Pistachio.**



Coffee Milkshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 384 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1250 kJ (300 Cal)	327 kJ (78 Cal)
Protein	9.9 g	2.6 g
Fat, total	9.3 g	2.4 g
-saturated	6.2 g	1.6 g
Carbohydrate	43.5 g	11.3 g
-sugars	41.5 g	10.8 g
Sodium	149 mg	39 mg

Ingredients: **Milk**, Water, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Coffee.

**Contains Gluten, Wheat, Milk, Soy.**

Coffee Milkshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 287 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	953 kJ (228 Cal)	332 kJ (79 Cal)
Protein	6.9 g	2.4 g
Fat, total	6.5 g	2.3 g
-saturated	4.3 g	1.5 g
Carbohydrate	35.0 g	12.2 g
-sugars	33.6 g	11.7 g
Sodium	105 mg	37 mg

Ingredients: **Milk**, Water, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Coffee.

**Contains Gluten, Wheat, Milk, Soy.**

**Coffee Thickshake - Lge**


Nutritional Information  
 Servings per package: 1  
 Serving Size: 481 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2010 kJ (482 Cal)	419 kJ (100 Cal)
Protein	11.3 g	2.3 g
Fat, total	8.4 g	1.7 g
-saturated	6.1 g	1.3 g
Carbohydrate	88.3 g	18.4 g
-sugars	79.7 g	16.6 g
Sodium	252 mg	52 mg


Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)), Coffee.

**Contains Gluten, Wheat, Milk, Soy.**

Coffee Thickshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 375 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1540 kJ (368 Cal)	410 kJ (98 Cal)
Protein	8.5 g	2.3 g
Fat, total	6.5 g	1.7 g
-saturated	4.7 g	1.3 g
Carbohydrate	67.3 g	17.9 g
-sugars	61.3 g	16.3 g
Sodium	185 mg	49 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)), Coffee.


**Contains Gluten, Wheat, Milk, Soy.**

Crocodile Donut		
Nutritional Information		
Servings per package: 1		
Serving Size: 88 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1450 kJ (346 Cal)	1640 kJ (393 Cal)
Protein	3.7 g	4.2 g
Fat, total	16.7 g	19.0 g
-saturated	8.1 g	9.3 g
Carbohydrate	44.2 g	50.2 g
-sugars	21.0 g	23.9 g
Sodium	215 mg	244 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Processing Aid (**Wheat**)), Colouring (Water, Glycerin (E422), Colours (E102, E133), Xanthan Gum (E415)?citric Acid (E330), Potassium Sorbate (E202)), Vanilla Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Flavouring), Confectionary (Glucose Syrup (**Wheat**), Sugar, Starch (**Wheat**), Water, Invert Syrup, Sodium Citrate (331), Citric Acid (330), Gelatine, Glycerine, Flavours, Colour (124)), Smarties (Sugar, **Milk** Solids, Cocoa Butter, Cocoa Mass, **Wheat** Flour, Vegetable Fat (Emulsifier (**Soy** Lecithin))), Rice Starch, Emulsifiers (**Soy** Lecithin, 476), Colours (Carmine, Beta Carotene, Anthocyanin, Copper Chlorophyllin, Turmeric), Glazing Agents (903, 901), Spirulina Powder, Flavour), Flake (Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, **Milk** Solids), Sprinkles (Sugar, Vegetable Fat (Emulsifier (322 **Soy**), Glucose (From Wheat), Colours (124, 102, 110, 133, 123, 122)).

**Contains Gluten, Wheat, Milk, Soy.**


**May Contain Egg, Peanut, Tree Nuts, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**

Custard Ball - Caramel		
Nutritional Information		
Servings per package: 1		
Serving Size: 109 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1600 kJ (383 Cal)	1470 kJ (351 Cal)
Protein	4.2 g	3.8 g
Fat, total	18.1 g	16.6 g
-saturated	9.0 g	8.3 g
Carbohydrate	50.0 g	45.8 g
-sugars	25.7 g	23.6 g
Sodium	264 mg	242 mg

Ingredients: Custard Ball Donuts (**Wheat** Flour, Custard Flavoured Filling (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Emulsifiers (471, 433), Acidity Regulator (270), Preservative (202), Colours (171, 102, 110), Flavour), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Enzymes (**Wheat**)), Caramel Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (150c, 160a, 120))), Vanilla Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Flavouring).

**Contains Gluten, Wheat, Milk, Soy.**


**May Contain Egg, Tree Nuts.**

Custard Ball - Chocolate		
Nutritional Information		
Servings per package: 1		
Serving Size: 109 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1600 kJ (383 Cal)	1470 kJ (351 Cal)
Protein	4.2 g	3.9 g
Fat, total	18.1 g	16.6 g
-saturated	9.0 g	8.3 g
Carbohydrate	49.9 g	45.8 g
-sugars	25.6 g	23.5 g
Sodium	267 mg	245 mg

Ingredients: Custard Ball Donuts (**Wheat** Flour, Custard Flavoured Filling (Water, Sugar, Thickener (1442), Vegetable Fat, Salt, Emulsifiers (471, 433), Acidity Regulator (270), Preservative (202), Colours (171, 102, 110), Flavour), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Enzymes (**Wheat**)), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Vanilla Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Flavouring).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Tree Nuts.**


Dinosaur - Chocolate		
Nutritional Information		
Servings per package: 1		
Serving Size: 82 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1350 kJ (323 Cal)	1650 kJ (394 Cal)
Protein	3.3 g	4.1 g
Fat, total	15.5 g	18.9 g
-saturated	7.4 g	9.1 g
Carbohydrate	41.9 g	51.1 g
-sugars	22.9 g	28.0 g
Sodium	187 mg	228 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Processing Aid (**Wheat**)), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Sprinkles (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Smarties (Sugar, **Milk** Solids, Cocoa Butter, Cocoa Mass, **Wheat** Flour, Vegetable Fat (Emulsifier (**Soy** Lecithin))), Rice Starch, Emulsifiers (**Soy** Lecithin, 476), Colours (Carmine, Beta Carotene, Anthocyanin, Copper Chlorophyllin, Turmeric), Glazing Agents (903, 901), Spirulina Powder, Flavour), Sprinkles (Sugar, Vegetable Fat [Emulsifiers (492, 322 ? **Soy** Lecithin)], Glucose (From Wheat), Water, Colours (102)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**




Dinosaur - Strawberry		
Nutritional Information		
Servings per package: 1		
Serving Size: 82 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1350 kJ (324 Cal)	1650 kJ (395 Cal)
Protein	3.3 g	4.1 g
Fat, total	15.5 g	18.9 g
-saturated	7.4 g	9.1 g
Carbohydrate	42.0 g	51.2 g
-sugars	23.1 g	28.2 g
Sodium	184 mg	224 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Processing Aid (**Wheat**)), Strawberry Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Flavouring (Colour (120))), Sprinkles (Sugar, Tapioca Starch, Colours (133, 102, 124, 132, 123, 110, 122), Glazing Agent (903)), Smarties (Sugar, **Milk** Solids, Cocoa Butter, Cocoa Mass, **Wheat** Flour, Vegetable Fat (Emulsifier (**Soy** Lecithin)), Rice Starch, Emulsifiers (**Soy** Lecithin, 476), Colours (Carmine, Beta Carotene, Anthocyanin, Copper Chlorophyllin, Turmeric), Glazing Agents (903, 901), Spirulina Powder, Flavour), Sprinkles (Sugar, Vegetable Fat (Emulsifiers (322 **Soy** Lecithin)), Glucose (From Wheat), Colours (124, 123, 133)).


**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**

Donut King Classic Hot Dog		
Nutritional Information		
Servings per package: 1		
Serving Size: 223 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	2040 kJ (487 Cal)	914 kJ (218 Cal)
Protein	25.2 g	11.3 g
Fat, total	22.0 g	9.9 g
-saturated	10.1 g	4.5 g
Carbohydrate	45.4 g	20.4 g
-sugars	9.6 g	4.3 g
Sodium	1610 mg	723 mg

Ingredients: Hot Dog Roll (**Wheat** Flour, Water, Baker's Yeast, Canola Oil, Sugar, **Wheat** Gluten, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 472e, 471), **Wheat** Malt Flour, Vitamins (Thiamin, Folic Acid)), Continental Franks (Meat Including Pork, Water, Starch (Tapioca, Potato), Salt, **Soy** Protein, Acidity Regulators (325, 262), Emulsifiers (451, 450, 452), Dextrose (Tapioca, Maize), Antioxidants (316, 307b), Hydrolysed Vegetable Protein (Maize), Maltodextrin (Maize), Garlic, Fermented Red Rice, Canola Oil, Sodium Nitrite (250), Yeast Extract, Spice Extracts, Colours (160c, 110, 129)), Shredded Cheese (Cheese (**Milk**, Salt, Starter Cultures, Enzyme), Anti-caking Agent (460), Preservative (200)), Bacon (Pork, Water, Salt, Sugar, Emulsifiers (451, 450, 452), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Smoke Flavour, Rosemary Extract), Tomato Sauce (Tomatoes (From Paste, Citric Acid), Sugar, Salt, Food Acid (Acetic), Onion, Spice Extract), Onion.


**Contains Gluten, Wheat, Milk, Soy.**

Donut King El Grande Chilli Hot Dog		
Nutritional Information		
Servings per package: 1		
Serving Size: 215 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1970 kJ (470 Cal)	915 kJ (219 Cal)
Protein	25.1 g	11.7 g
Fat, total	22.2 g	10.3 g
-saturated	10.1 g	4.7 g
Carbohydrate	41.1 g	19.1 g
-sugars	5.2 g	2.4 g
Sodium	1550 mg	723 mg

Ingredients: Hot Dog Roll (**Wheat** Flour, Water, Baker's Yeast, Canola Oil, Sugar, **Wheat** Gluten, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 472e, 471), **Wheat** Malt Flour, Vitamins (Thiamin, Folic Acid)), Continental Franks (Meat Including Pork, Water, Starch (Tapioca, Potato), Salt, **Soy** Protein, Acidity Regulators (325, 262), Emulsifiers (451, 450, 452), Dextrose (Tapioca, Maize), Antioxidants (316, 307b), Hydrolysed Vegetable Protein (Maize), Maltodextrin (Maize), Garlic, Fermented Red Rice, Canola Oil, Sodium Nitrite (250), Yeast Extract, Spice Extracts, Colours (160c, 110, 129)), Shredded Cheese (Cheese (**Milk**, Salt, Starter Cultures, Enzyme), Anti-caking Agent (460), Preservative (200)), Bacon (Pork, Water, Salt, Sugar, Emulsifiers (451, 450, 452), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Smoke Flavour, Rosemary Extract), Onion, Chilli Sauce (Water, Sugar, Food Acid (Acetic), Mustard Seed, Chilli, Salt, Spices (Paprika, Turmeric), Vegetable Gum (Xanthan (Contains **Soy**)), Colour (Paprika Oeloesin), Spice Extract).


**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Peanut.**

Donut King Original Hot Dog		
Nutritional Information		
Servings per package: 1		
Serving Size: 203 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1910 kJ (455 Cal)	939 kJ (224 Cal)
Protein	21.9 g	10.8 g
Fat, total	20.3 g	10.0 g
-saturated	9.5 g	4.7 g
Carbohydrate	44.7 g	22.0 g
-sugars	9.3 g	4.6 g
Sodium	1360 mg	668 mg

Ingredients: Hot Dog Roll (**Wheat** Flour, Water, Baker's Yeast, Canola Oil, Sugar, **Wheat** Gluten, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 472e, 471), **Wheat** Malt Flour, Vitamins (Thiamin, Folic Acid)), Continental Franks (Meat Including Pork, Water, Starch (Tapioca, Potato), Salt, **Soy** Protein, Acidity Regulators (325, 262), Emulsifiers (451, 450, 452), Dextrose (Tapioca, Maize), Antioxidants (316, 307b), Hydrolysed Vegetable Protein (Maize), Maltodextrin (Maize), Garlic, Fermented Red Rice, Canola Oil, Sodium Nitrite (250), Yeast Extract, Spice Extracts, Colours (160c, 110, 129)), Shredded Cheese (Cheese (**Milk**, Salt, Starter Cultures, Enzyme), Anti-caking Agent (460), Preservative (200)), Tomato Sauce (Tomatoes (From Paste, Citric Acid), Sugar, Salt, Food Acid (Acetic), Onion, Spice Extract), Onion.


**Contains Gluten, Wheat, Milk, Soy.**

Donut King Regular Hot Dog		
Nutritional Information		
Servings per package: 1		
Serving Size: 157 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1430 kJ (341 Cal)	908 kJ (217 Cal)
Protein	15.5 g	9.9 g
Fat, total	11.8 g	7.5 g
-saturated	3.3 g	2.1 g
Carbohydrate	41.9 g	26.7 g
-sugars	6.7 g	4.3 g
Sodium	1130 mg	722 mg

Ingredients: Hot Dog Roll (**Wheat** Flour, Water, Baker's Yeast, Canola Oil, Sugar, **Wheat** Gluten, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 472e, 471), **Wheat** Malt Flour, Vitamins (Thiamin, Folic Acid)), Continental Franks (Meat Including Pork, Water, Starch (Tapioca, Potato), Salt, **Soy** Protein, Acidity Regulators (325, 262), Emulsifiers (451, 450, 452), Dextrose (Tapioca, Maize), Antioxidants (316, 307b), Hydrolysed Vegetable Protein (Maize), Maltodextrin (Maize), Garlic, Fermented Red Rice, Canola Oil, Sodium Nitrite (250), Yeast Extract, Spice Extracts, Colours (160c, 110, 129)), Tomato Sauce (Tomatoes (From Paste, Citric Acid), Sugar, Salt, Food Acid (Acetic), Onion, Spice Extract).

**Contains Gluten, Wheat, Soy.**


**May Contain Milk.**

Eclair- Caramel w/ Custard		
Nutritional Information		
Servings per package: 1		
Serving Size: 91 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1330 kJ (319 Cal)	1470 kJ (350 Cal)
Protein	3.4 g	3.7 g
Fat, total	16.7 g	18.3 g
-saturated	8.6 g	9.4 g
Carbohydrate	38.5 g	42.3 g
-sugars	19.7 g	21.6 g
Sodium	200 mg	219 mg

Ingredients: Eclair (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Caramel Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (150c, 160a, 120))), Custard Creme (11%) (Water, Sugar, Thickener (1442), Vegetable Fat, Flavour Sea Salt, Emulsifier (471, 433), Acidity Regulator (270), Preservative (202), Colour (171, 102, 110)), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**)), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**

Eclair- Chocolate w/ Custard		
Nutritional Information		
Servings per package: 1		
Serving Size: 91 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1330 kJ (319 Cal)	1460 kJ (350 Cal)
Protein	3.4 g	3.7 g
Fat, total	16.7 g	18.3 g
-saturated	8.6 g	9.4 g
Carbohydrate	38.4 g	42.3 g
-sugars	19.6 g	21.6 g
Sodium	202 mg	222 mg

Ingredients: Eclair (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Custard Creme (11%) (Water, Sugar, Thickener (1442), Vegetable Fat, Flavour Sea Salt, Emulsifier (471, 433), Acidity Regulator (270), Preservative (202), Colour (171, 102, 110)), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**)), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**


Eclair- Chocolate w/ Jam		
Nutritional Information		
Servings per package: 1		
Serving Size: 89 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1360 kJ (325 Cal)	1530 kJ (366 Cal)
Protein	3.4 g	3.8 g
Fat, total	16.1 g	18.1 g
-saturated	8.1 g	9.0 g
Carbohydrate	41.3 g	46.3 g
-sugars	23.0 g	25.9 g
Sodium	191 mg	214 mg

Ingredients: Eclair (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Raspberry Flavour Filling (9%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**)), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**




Eclair- Dusted w/ Custard		
Nutritional Information		
Servings per package: 1		
Serving Size: 75 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1100 kJ (264 Cal)	1470 kJ (352 Cal)
Protein	3.3 g	4.4 g
Fat, total	16.7 g	22.2 g
-saturated	8.6 g	11.4 g
Carbohydrate	25.0 g	33.4 g
-sugars	6.8 g	9.0 g
Sodium	196 mg	262 mg

Ingredients: Eclair (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Custard Creme (13%) (Water, Sugar, Thickener (1442), Vegetable Fat, Flavour Sea Salt, Emulsifier (471, 433), Acidity Regulator (270), Preservative (202), Colour (171, 102, 110)), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)), Icing Sugar (Sugar, Tapioca Or Maize Starch).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**

Eclair- Dusted w/ Jam		
Nutritional Information		
Servings per package: 1		
Serving Size: 73 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1130 kJ (271 Cal)	1550 kJ (371 Cal)
Protein	3.3 g	4.6 g
Fat, total	16.1 g	22.1 g
-saturated	8.1 g	11.0 g
Carbohydrate	27.8 g	38.1 g
-sugars	10.2 g	13.9 g
Sodium	185 mg	253 mg

Ingredients: Eclair (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Raspberry Flavour Filling (11%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**)), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)), Icing Sugar (Sugar, Tapioca Or Maize Starch).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**

**Eclair- Strawberry w/ Jam**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 89 g



	Average Quantity per Serving	Average Quantity Per 100g
Energy	1360 kJ (325 Cal)	1530 kJ (366 Cal)
Protein	3.4 g	3.8 g
Fat, total	16.1 g	18.1 g
-saturated	8.1 g	9.0 g
Carbohydrate	41.3 g	46.4 g
-sugars	23.1 g	26.0 g
Sodium	188 mg	211 mg

Ingredients: Eclair (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Strawberry Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived))), Flavouring (Colour (120))), Raspberry Flavour Filling (9%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223), Colours (124, 122)), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**)), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**


**English Breakfast Tea - Lge**

Nutritional Information  
Servings per package: 1  
Serving Size: 380 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	33 kJ (8 Cal)	9 kJ (2 Cal)
Protein	0.3 g	less than 0.1 g
Fat, total	0.3 g	less than 0.1 g
-saturated	0.3 g	less than 0.1 g
Carbohydrate	0.3 g	less than 0.1g
-sugars	0.3 g	less than 0.1 g
Sodium	17 mg	4 mg

Ingredients: Water, English Breakfast Tea (Black Tea).

English Breakfast Tea - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 285 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	17 kJ (4 Cal)	6 kJ (1 Cal)
Protein	0.2 g	less than 0.1 g
Fat, total	0.2 g	less than 0.1 g
-saturated	0.2 g	less than 0.1 g
Carbohydrate	0.2 g	less than 0.1g
-sugars	0.2 g	less than 0.1 g
Sodium	8 mg	3 mg

Ingredients: Water, English Breakfast Tea (Black Tea).

English Breakfast Tea - Sml		
Nutritional Information		
Servings per package: 1		
Serving Size: 220 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	17 kJ (4 Cal)	7 kJ (2 Cal)
Protein	0.2 g	less than 0.1 g
Fat, total	0.2 g	less than 0.1 g
-saturated	0.2 g	less than 0.1 g
Carbohydrate	0.2 g	less than 0.1g
-sugars	0.2 g	less than 0.1 g
Sodium	8 mg	4 mg

Ingredients: Water, English Breakfast Tea (Black Tea).

### Espresso Macchiato

Nutritional Information  
Servings per package: 1  
Serving Size: 35 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	13 kJ (3 Cal)	37 kJ (9 Cal)
Protein	0.2 g	0.5 g
Fat, total	0.2 g	0.5 g
-saturated	0.1 g	0.3 g
Carbohydrate	0.2 g	0.7 g
-sugars	0.2 g	0.7 g
Sodium	2 mg	6 mg

Ingredients: Water, Coffee, **Milk**.

**Contains Milk.**

**Flat White - Lge**

Nutritional Information  
Servings per package: 1  
Serving Size: 410 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	904 kJ (216 Cal)	220 kJ (53 Cal)
Protein	11.6 g	2.8 g
Fat, total	11.6 g	2.8 g
-saturated	7.5 g	1.8 g
Carbohydrate	16.3 g	4.0 g
-sugars	16.3 g	4.0 g
Sodium	136 mg	33 mg

Ingredients: **Milk**, Water, Coffee.

**Contains Milk.**



Flat White - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 310 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	672 kJ (161 Cal)	217 kJ (52 Cal)
Protein	8.6 g	2.8 g
Fat, total	8.6 g	2.8 g
-saturated	5.6 g	1.8 g
Carbohydrate	12.1 g	3.9 g
-sugars	12.1 g	3.9 g
Sodium	101 mg	33 mg

Ingredients: **Milk**, Water, Coffee.

**Contains Milk.**

**Flat White - Sml**


Nutritional Information  
Servings per package: 1  
Serving Size: 250 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	568 kJ (136 Cal)	227 kJ (54 Cal)
Protein	7.3 g	2.9 g
Fat, total	7.3 g	2.9 g
-saturated	4.7 g	1.9 g
Carbohydrate	10.3 g	4.1 g
-sugars	10.3 g	4.1 g
Sodium	85 mg	34 mg

Ingredients: **Milk**, Water, Coffee.

**Contains Milk.**

Frappe - Caramel Crunch		
Nutritional Information		
Servings per package: 1		
Serving Size: 529 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2440 kJ (584 Cal)	462 kJ (111 Cal)
Protein	12.7 g	2.4 g
Fat, total	15.2 g	2.9 g
-saturated	10.8 g	2.0 g
Carbohydrate	101 g	19.1 g
-sugars	91.2 g	17.3 g
Sodium	263 mg	50 mg

Ingredients: Water, Ice, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Caramel Topping (Water, Sugar, **Milk**, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415 (**Soy**)), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt), Cream (Contains **Milk**), Crunchie (Sugar, **Milk** Solids, Wheat Glucose Syrup, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifiers (**Soy** Lecithin 476), Raising Agent (500), Flavours, Hydrolysed **Milk** Protein), Caramel Syrup (Sugar, Water, Flavouring, Acid (Citric Acid), Colour (150a)).

**Contains Milk, Soy.**

**May Contain Gluten, Wheat, Peanut, Tree Nuts.**

**Frappe - Cheeky Chocolate**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 534 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2590 kJ (620 Cal)	485 kJ (116 Cal)
Protein	10.4 g	1.9 g
Fat, total	17.7 g	3.3 g
-saturated	12.2 g	2.3 g
Carbohydrate	101 g	19.0 g
-sugars	89.9 g	16.8 g
Sodium	277 mg	52 mg

Ingredients: Water, Ice, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Cream (Contains **Milk**), Flake (Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, **Milk** Solids), Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

**Contains Milk, Soy.**

**May Contain Peanut, Tree Nuts.**

**Frappe - Chocolate Mocha**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 554 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2380 kJ (568 Cal)	429 kJ (103 Cal)
Protein	9.8 g	1.8 g
Fat, total	14.8 g	2.7 g
-saturated	10.5 g	1.9 g
Carbohydrate	96.1 g	17.3 g
-sugars	85.1 g	15.4 g
Sodium	276 mg	50 mg

Ingredients: Water, Ice, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Cream (Contains **Milk**), Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt), Coffee, Flake (Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, **Milk** Solids).


**Contains Milk, Soy.**

**May Contain Peanut, Tree Nuts.**

Frappe - Coffee		
Nutritional Information		
Servings per package: 1		
Serving Size: 498 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1710 kJ (410 Cal)	344 kJ (82 Cal)
Protein	8.6 g	1.7 g
Fat, total	12.9 g	2.6 g
-saturated	9.4 g	1.9 g
Carbohydrate	63.5 g	12.7 g
-sugars	56.8 g	11.4 g
Sodium	195 mg	39 mg

Ingredients: Water, Ice, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Cream (Contains **Milk**), Vanilla Syrup (Sugar, Water, Natural Flavouring, Concentrated Lemon Juice, Preservative (202), Colour (150a)), Coffee.

**Contains Milk, Soy.**

Frappe - Cookies n Cream		
Nutritional Information		
Servings per package: 1		
Serving Size: 556 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2910 kJ (696 Cal)	524 kJ (125 Cal)
Protein	10.1 g	1.8 g
Fat, total	18.1 g	3.3 g
-saturated	12.0 g	2.2 g
Carbohydrate	121 g	21.7 g
-sugars	104 g	18.7 g
Sodium	465 mg	84 mg

Ingredients: Water, Ice, **Milk**, White Chocolate Sauce (**Barley, Oats, Rye**) (Sugar, Water, Sweetened Condensed **Milk (Milk Sugar)**, Glucose Syrup (**Wheat** Derived), Thickener (1422), Golden Syrup, Salt, Flavour, Colours (171,102,110), Vegetable Gum (415), Emulsifier (471), Preservative (202), Food Acid (330), Mineral Salt (339)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Oreo (**Wheat** Flour, Sugar, Vegetable Oil, Cocoa Powder, Fructose Syrup, Cornstarch, Salt, Raising Agents (500, 503), Emulsifier (**Soy** Lecithin), Flavour, Antioxidant (319), Minerals (Iron, Zinc), Vitamins (Riboflavin, Thiamin, Folate)), Cream (Contains **Milk**).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Peanut.**

**Frappe - Strawberry Fusion**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 504 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2090 kJ (499 Cal)	414 kJ (99 Cal)
Protein	9.1 g	1.8 g
Fat, total	13.0 g	2.6 g
-saturated	9.4 g	1.9 g
Carbohydrate	84.5 g	16.8 g
-sugars	75.1 g	14.9 g
Sodium	201 mg	40 mg

Ingredients: Water, Ice, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Smoothie Base (Strawberry, Sugar, Thickener (1442), Natural Flavour, Acidity Regulator (330), Preservative (202), Colour (120, 160a)), Cream (Contains **Milk**), Strawberry Syrup (Sugar, Water, Concentrated Strawberry Juice, Natural Flavouring, Acid (Citric Acid), Concentrated Elderberry Juice, Colour (E129)), Marshmallow (Glucose Syrup, Sugar, Invert Syrup, Water, Gelatine (Porcine), Natural Flavours, Natural Colour (E120), Corn Starch (Maize)).

**Contains Milk, Soy.**



Hot Chocolate - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 390 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1540 kJ (368 Cal)	395 kJ (94 Cal)
Protein	13.4 g	3.4 g
Fat, total	12.5 g	3.2 g
-saturated	8.1 g	2.1 g
Carbohydrate	48.3 g	12.4 g
-sugars	41.7 g	10.7 g
Sodium	248 mg	64 mg

Ingredients: **Milk**, Chocolate Powder (10%) (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

**Contains Milk.**

**May Contain Soy.**

Hot Chocolate - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 300 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1180 kJ (281 Cal)	392 kJ (94 Cal)
Protein	10.3 g	3.4 g
Fat, total	9.6 g	3.2 g
-saturated	6.2 g	2.1 g
Carbohydrate	36.6 g	12.2 g
-sugars	31.6 g	10.5 g
Sodium	189 mg	63 mg

Ingredients: **Milk**, Chocolate Powder (10%) (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

**Contains Milk.**

**May Contain Soy.**

**Hot Chocolate - Sml**

Nutritional Information  
Servings per package: 1  
Serving Size: 250 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	914 kJ (218 Cal)	365 kJ (87 Cal)
Protein	8.5 g	3.4 g
Fat, total	8.1 g	3.2 g
-saturated	5.2 g	2.1 g
Carbohydrate	26.7 g	10.7 g
-sugars	23.4 g	9.4 g
Sodium	145 mg	58 mg

Ingredients: **Milk**, Chocolate Powder (8%) (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).


**Contains Milk.**

**May Contain Soy.**

Iced Chocolate		
Nutritional Information		
Servings per package: 1		
Serving Size: 388 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1710 kJ (408 Cal)	440 kJ (105 Cal)
Protein	10.6 g	2.7 g
Fat, total	14.7 g	3.8 g
-saturated	10.0 g	2.6 g
Carbohydrate	56.9 g	14.7 g
-sugars	52.7 g	13.6 g
Sodium	200 mg	51 mg


Ingredients: **Milk**, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Cream (Contains **Milk**), Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

**Contains Milk, Soy.**

Iced Coffee		
Nutritional Information		
Servings per package: 1		
Serving Size: 405 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1480 kJ (354 Cal)	365 kJ (87 Cal)
Protein	10.4 g	2.6 g
Fat, total	14.5 g	3.6 g
-saturated	9.9 g	2.4 g
Carbohydrate	44.8 g	11.1 g
-sugars	42.6 g	10.5 g
Sodium	158 mg	39 mg


Ingredients: **Milk**, Water, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Cream (Contains **Milk**), Coffee, Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).

**Contains Gluten, Wheat, Milk, Soy.**

Iced Mocha		
Nutritional Information		
Servings per package: 1		
Serving Size: 432 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1690 kJ (404 Cal)	391 kJ (94 Cal)
Protein	10.6 g	2.4 g
Fat, total	14.6 g	3.4 g
-saturated	10.0 g	2.3 g
Carbohydrate	56.1 g	13.0 g
-sugars	52.0 g	12.1 g
Sodium	197 mg	46 mg

Ingredients: **Milk**, Water, Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Cream (Contains **Milk**), Coffee, Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt).


**Contains Milk, Soy.**

Large Jam Ball		
Nutritional Information		
Servings per package: 1		
Serving Size: 78 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1330 kJ (319 Cal)	1710 kJ (409 Cal)
Protein	3.8 g	4.8 g
Fat, total	17.6 g	22.5 g
-saturated	8.5 g	10.9 g
Carbohydrate	36.0 g	46.2 g
-sugars	17.3 g	22.1 g
Sodium	203 mg	260 mg

Ingredients: Jam Ball Donuts (**Wheat** Flour, Raspberry Flavoured Filling (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223 (Sulphites)), Colours (124, 122), Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Enzyme (**Wheat**)), Sugar.

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Tree Nuts.**

Latte - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 390 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	852 kJ (204 Cal)	219 kJ (52 Cal)
Protein	10.9 g	2.8 g
Fat, total	10.9 g	2.8 g
-saturated	7.1 g	1.8 g
Carbohydrate	15.4 g	3.9 g
-sugars	15.4 g	3.9 g
Sodium	128 mg	33 mg

Ingredients: **Milk**, Water, Coffee.

**Contains Milk.**



**Latte - Reg**

Nutritional Information  
Servings per package: 1  
Serving Size: 297 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	639 kJ (153 Cal)	215 kJ (51 Cal)
Protein	8.2 g	2.8 g
Fat, total	8.2 g	2.8 g
-saturated	5.3 g	1.8 g
Carbohydrate	11.5 g	3.9 g
-sugars	11.5 g	3.9 g
Sodium	96 mg	32 mg

Ingredients: **Milk**, Water, Coffee.

**Contains Milk.**

**Latte - Sml**


Nutritional Information  
Servings per package: 1  
Serving Size: 257 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	585 kJ (140 Cal)	228 kJ (55 Cal)
Protein	7.5 g	2.9 g
Fat, total	7.5 g	2.9 g
-saturated	4.8 g	1.9 g
Carbohydrate	10.6 g	4.1 g
-sugars	10.6 g	4.1 g
Sodium	88 mg	34 mg


Ingredients: **Milk**, Water, Coffee.

**Contains Milk.**

Lime Milkshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 366 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1370 kJ (327 Cal)	374 kJ (89 Cal)
Protein	9.9 g	2.7 g
Fat, total	9.3 g	2.5 g
-saturated	6.1 g	1.7 g
Carbohydrate	50.2 g	13.7 g
-sugars	47.0 g	12.8 g
Sodium	153 mg	42 mg


Ingredients: **Milk**, Lime Syrup (Water, Sugar , Thickener (1422), Flavour, Acidity Regulator (330), Stabiliser (415), Preservatives (211, 223, 202), Colours (102, 133)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Lime Milkshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 269 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1070 kJ (255 Cal)	396 kJ (95 Cal)
Protein	6.9 g	2.6 g
Fat, total	6.5 g	2.4 g
-saturated	4.3 g	1.6 g
Carbohydrate	41.6 g	15.5 g
-sugars	39.1 g	14.5 g
Sodium	109 mg	40 mg


Ingredients: **Milk**, Lime Syrup (Water, Sugar , Thickener (1422), Flavour, Acidity Regulator (330), Stabiliser (415), Preservatives (211, 223, 202), Colours (102, 133)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Lime Thickshake - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 463 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2130 kJ (509 Cal)	459 kJ (110 Cal)
Protein	11.3 g	2.4 g
Fat, total	8.4 g	1.8 g
-saturated	6.1 g	1.3 g
Carbohydrate	95.0 g	20.5 g
-sugars	85.2 g	18.4 g
Sodium	256 mg	55 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Acidity Regulator (330), Stabiliser (415), Preservatives (211, 223, 202), Colours (102, 133)).

**Contains Milk, Soy.**

Lime Thickshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 358 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1650 kJ (395 Cal)	462 kJ (110 Cal)
Protein	8.5 g	2.4 g
Fat, total	6.5 g	1.8 g
-saturated	4.7 g	1.3 g
Carbohydrate	73.9 g	20.7 g
-sugars	66.8 g	18.7 g
Sodium	189 mg	53 mg

Ingredients: **Milk**, Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Acidity Regulator (330), Stabiliser (415), Preservatives (211, 223, 202), Colours (102, 133)).

**Contains Milk, Soy.**


**Long Black - Lge**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 435 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	less than 1 kJ	less than 1 kJ
Protein	less than 0.1 g	less than 0.1 g
Fat, total	less than 0.1 g	less than 0.1 g
-saturated	less than 0.1 g	less than 0.1 g
Carbohydrate	less than 0.1g	less than 0.1g
-sugars	less than 0.1 g	less than 0.1 g
Sodium	less than 1 mg	less than 1 mg

Ingredients: Water, Coffee.

Long Black - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 370 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	less than 1 kJ	less than 1 kJ
Protein	less than 0.1 g	less than 0.1 g
Fat, total	less than 0.1 g	less than 0.1 g
-saturated	less than 0.1 g	less than 0.1 g
Carbohydrate	less than 0.1g	less than 0.1g
-sugars	less than 0.1 g	less than 0.1 g
Sodium	less than 1 mg	less than 1 mg

Ingredients: Water, Coffee.




**Long Black - Sml**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 270 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	less than 1 kJ	less than 1 kJ
Protein	less than 0.1 g	less than 0.1 g
Fat, total	less than 0.1 g	less than 0.1 g
-saturated	less than 0.1 g	less than 0.1 g
Carbohydrate	less than 0.1g	less than 0.1g
-sugars	less than 0.1 g	less than 0.1 g
Sodium	less than 1 mg	less than 1 mg

Ingredients: Water, Coffee.

Malteser Mixer		
Nutritional Information		
Servings per package: 1		
Serving Size: 190 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1490 kJ (355 Cal)	783 kJ (187 Cal)
Protein	5.3 g	2.8 g
Fat, total	8.8 g	4.6 g
-saturated	5.9 g	3.1 g
Carbohydrate	62.8 g	33.1 g
-sugars	53.7 g	28.3 g
Sodium	150 mg	79 mg

Ingredients: Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Maltesers (**Wheat**) (Sugar, **Milk** Solids, Cocoa Butter, Cocoa Better, Cocoa Mass, Malt Extract (**Barley**), Glucose Syrup, Vegetable At, Maltodextrin, Emulsifiers (**Soy** Lecithin, 432), Raising Agents (501, 500), Vegetable Gum (440), Salt, Flavour), Chocolate Sauce (Sugar, Water, Cocoa, Glucose Syrup, Thickener (1422), Salt, Acidity Regulator (330), Flavour, Preservative (202), Stabiliser (415)).

**Contains Gluten, Wheat, Milk, Soy.**

Mini Jam Ball		
Nutritional Information		
Servings per package: 1		
Serving Size: 43 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	697 kJ (166 Cal)	1640 kJ (392 Cal)
Protein	2.0 g	4.6 g
Fat, total	9.3 g	21.8 g
-saturated	4.2 g	10.0 g
Carbohydrate	18.6 g	43.7 g
-sugars	8.5 g	20.0 g
Sodium	103 mg	243 mg

Ingredients: Jam Ball (**Wheat** Flour, Raspberry Flavoured Filling (20%) (Sugar, Water, Apple Paste, Vegetable Gums (440, 415), Food Acid (330), Flavour, Preservatives (211, 223 (Sulphites)), Colours (124, 122)), Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids, Processing Aid (**Wheat**)), Sugar, Canola Oil (Canola Oil, Propellant (Butane, Propane), Emulsifier (322 (**Soy** Lecithin)), Antioxidant (307)).

**Contains Gluten, Wheat, Milk, Soy.**


**May Contain Egg, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**

Mini M&M Mixer		
Nutritional Information		
Servings per package: 1		
Serving Size: 180 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1380 kJ (331 Cal)	769 kJ (184 Cal)
Protein	5.2 g	2.9 g
Fat, total	8.2 g	4.5 g
-saturated	5.6 g	3.1 g
Carbohydrate	57.6 g	32.0 g
-sugars	51.4 g	28.6 g
Sodium	131 mg	73 mg

Ingredients: Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), M&ms (**Milk** Chocolate (Sugar, Cocoa Mass, **Milk** Solids, Cocoa Butter, Vegetable Fat, Glucose Syrup, Emulsifier (**Soy** Lecithin), Colours (171, 102, 110, 129, 133), Vegetable Gum (414), Thickener (1400), Salt, Glazing Agent (903, Vegetable Oil), Flavour).

**Contains Milk, Soy.**


**May Contain Gluten, Wheat, Peanut, Tree Nuts.**

Mocha - Lge		
Nutritional Information		
Servings per package: 1		
Serving Size: 440 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1520 kJ (362 Cal)	344 kJ (82 Cal)
Protein	13.1 g	3.0 g
Fat, total	12.2 g	2.8 g
-saturated	7.9 g	1.8 g
Carbohydrate	47.8 g	10.9 g
-sugars	41.2 g	9.4 g
Sodium	244 mg	55 mg

Ingredients: **Milk**, Water, Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt), Coffee.

**Contains Milk.**

**May Contain Soy.**

Mocha - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 327 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1120 kJ (267 Cal)	341 kJ (82 Cal)
Protein	9.6 g	2.9 g
Fat, total	8.9 g	2.7 g
-saturated	5.7 g	1.8 g
Carbohydrate	35.5 g	10.9 g
-sugars	30.6 g	9.3 g
Sodium	180 mg	55 mg

Ingredients: **Milk**, Water, Chocolate Powder (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt), Coffee.

**Contains Milk.**

**May Contain Soy.**

**Mocha - Sml**

Nutritional Information  
Servings per package: 1  
Serving Size: 277 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	905 kJ (216 Cal)	327 kJ (78 Cal)
Protein	8.4 g	3.0 g
Fat, total	8.0 g	2.9 g
-saturated	5.1 g	1.9 g
Carbohydrate	26.6 g	9.6 g
-sugars	23.3 g	8.4 g
Sodium	144 mg	52 mg

Ingredients: **Milk**, Water, Chocolate Powder (7%) (Sugar, Cocoa, Maltodextrin, Tapioca Starch, Salt), Coffee.

**Contains Milk.**


**May Contain Soy.**

Pineapple Iced Cake		
Nutritional Information		
Servings per package: 1		
Serving Size: 59 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	753 kJ (180 Cal)	1280 kJ (305 Cal)
Protein	2.3 g	4.0 g
Fat, total	3.7 g	6.3 g
-saturated	1.5 g	2.5 g
Carbohydrate	33.5 g	56.8 g
-sugars	19.9 g	33.8 g
Sodium	260 mg	441 mg

Ingredients: Donut Mix (**Wheat** Flour (Vitamins (Thiamin, Folate)), Sugar, Vegetable Oil (**Soybean** Oil (Antioxidant 307)), **Soybean** Flour, Raising Agents (450, 500), **Milk** Solids, **Egg** Yolk Powder, Salt, **Wheat** Starch, Emulsifiers (471, 322 (**Soy**), Dextrose (Maize), Spice, Thickener (415 (**Soy**)), Flavour), Pineapple Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colour (161b))), Water, Vegetable Oil, Sprinkles (Sugar, Vegetable Fat [Emulsifiers (492, 322 ? **Soy** Lecithin)], Glucose (From Wheat), Water, Colours (102)).

**Contains Gluten, Wheat, Egg, Milk, Soy.**



Pineapple Iced Ring		
Nutritional Information		
Servings per package: 1		
Serving Size: 70 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1190 kJ (284 Cal)	1700 kJ (406 Cal)
Protein	3.0 g	4.2 g
Fat, total	15.1 g	21.6 g
-saturated	7.3 g	10.4 g
Carbohydrate	33.8 g	48.3 g
-sugars	18.0 g	25.7 g
Sodium	162 mg	232 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Pineapple Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colour (161b))), Sprinkles (Sugar, Vegetable Fat [Emulsifiers (492, 322 ? **Soy** Lecithin)], Glucose (From Wheat), Water, Colours (102)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Tree Nuts.**

**Quakeshake - Cherry Explosion**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 482 g



	Average Quantity per Serving	Average Quantity Per 100g
Energy	2500 kJ (597 Cal)	518 kJ (124 Cal)
Protein	11.9 g	2.5 g
Fat, total	12.0 g	2.5 g
-saturated	9.0 g	1.9 g
Carbohydrate	107 g	22.3 g
-sugars	95.9 g	19.9 g
Sodium	277 mg	57 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Strawberry Topping (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415 (**Soy**), Preservative (202, 223), Colours (124, 122)), Cherry Ripe (Sugar, Coconut (Sulphites), Glac? Cherries (Cherries, Sugar, Colour (163), Flavour, Sulphites, Mineral Salt (500), Acidity Regulator (296)), **Wheat** Glucose Syrup, cocoa Mass, Sweetened Condensed **Milk**, Vegetable Fat, **Milk** Solids, Cocoa Butter, Cocoa Powder, Gelatine, Invert Sugar, Emulsifiers (**Soy** Lecithin, 476), Colour (120, 160(C)), Flavours, Mineral Salts (500,509)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Peanut, Tree Nuts.**

**Quakeshake - Choc Volcano**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 478 g



	Average Quantity per Serving	Average Quantity Per 100g
Energy	2440 kJ (584 Cal)	511 kJ (122 Cal)
Protein	12.1 g	2.5 g
Fat, total	11.4 g	2.4 g
-saturated	7.9 g	1.7 g
Carbohydrate	105 g	22.0 g
-sugars	94.0 g	19.7 g
Sodium	292 mg	61 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Flake (Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, **Milk** Solids).

**Contains Milk, Soy.**

**May Contain Peanut, Tree Nuts.**

**Quakeshake - Honeycomb Lava**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 484 g



	Average Quantity per Serving	Average Quantity Per 100g
Energy	2540 kJ (606 Cal)	524 kJ (125 Cal)
Protein	15.7 g	3.2 g
Fat, total	10.8 g	2.2 g
-saturated	7.7 g	1.6 g
Carbohydrate	113 g	23.3 g
-sugars	101 g	20.8 g
Sodium	329 mg	68 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Caramel Topping (Water, Sugar, **Milk**, Maize Thickener (1442), Caramel Flavour, Vegetable Gum (415 (**Soy**)), Preservatives (202, 223), Colours (102, 155, 133, 150c), Food Acid (330), Salt), Chocolate Syrup (Water, Sugar, Maize Thickener (1442), Cocoa Powder, Chocolate Flavour, Food Acid (330), Salt, Vegetable Gum (415, Contains Traces Of **Soy**), Preservatives (202, 223), Colours (155, 102, 122, 133)), Crunchie (Sugar, **Milk** Solids, Wheat Glucose Syrup, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifiers (**Soy** Lecithin 476), Raising Agent (500), Flavours, Hydrolysed **Milk** Protein).

**Contains Milk, Soy.**

**May Contain Gluten, Wheat, Peanut, Tree Nuts.**

**Quakeshake - Mint Shockwave**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 479 g




	Average Quantity per Serving	Average Quantity Per 100g
Energy	2490 kJ (595 Cal)	520 kJ (124 Cal)
Protein	12.2 g	2.5 g
Fat, total	13.4 g	2.8 g
-saturated	9.2 g	1.9 g
Carbohydrate	104 g	21.8 g
-sugars	94.4 g	19.7 g
Sodium	270 mg	56 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Lime Syrup (Water, Sugar, Thickener (1422), Flavour, Acidity Regulator (330), Stabiliser (415), Preservatives (211, 223, 202), Colours (102, 133)), Mint Chocolate (Full Cream **Milk**, Sugar, Cocoa Butter. **Milk** Solids, Cocoa Mass Emulsifiers (**Soy** Lecithin, 476), Colour (141), Flavours.).

**Contains Milk, Soy.**


**May Contain Gluten, Wheat, Peanut, Tree Nuts.**

Raisin Toast 2 Slices (with butter)		
Nutritional Information		
Servings per package: 1		
Serving Size: 144 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	2070 kJ (495 Cal)	1440 kJ (344 Cal)
Protein	11.3 g	7.9 g
Fat, total	17.6 g	12.3 g
-saturated	8.5 g	5.9 g
Carbohydrate	69.8 g	48.5 g
-sugars	28.2 g	19.6 g
Sodium	506 mg	351 mg

Ingredients: Raisin Toast (**Wheat** Flour, Mixed Fruit (30%) (Raisins (22%), Sultanas (6.5%), Currants (1.5%)), Water, Baker's Yeast, **Wheat** Gluten, Vegetable Oil, Sugar, Mixed Spice, Iodised Salt, **Soy** Flour, Vinegar, Emulsifiers (481, 472e), Vitamins (Thiamin, Folate)), Butter Portions (Pasteurised Cream (From **Milk**), Water, Salt).

**Contains Gluten, Wheat, Milk, Soy.**


**May Contain Sesame.**

Rock My Wurl		
Nutritional Information		
Servings per package: 1		
Serving Size: 101 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1390 kJ (333 Cal)	1380 kJ (330 Cal)
Protein	4.1 g	4.1 g
Fat, total	15.6 g	15.4 g
-saturated	8.0 g	8.0 g
Carbohydrate	43.5 g	43.0 g
-sugars	22.7 g	22.5 g
Sodium	200 mg	198 mg

Ingredients: Donut (**Wheat** Flour, Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder (**Milk**), **Wheat** Flour, Emulsifiers (471, 472e), **Soy** Flour, Acidity Regulator (339), Antioxidant (300), **Egg** Powder, Sugar, Yeast, Iodised Salt), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Curly Wurlly (Wheat Glucose Syrup, Sugar, Milk Solids, Vegetable Fat, Cocoa Butter, Cocoa Mass, Flavours, Emulsifiers (Soy Lecithin, 442, 471, 476), Salt).

**Contains Gluten, Wheat, Egg, Milk, Soy.**

**May Contain Peanut, Tree Nuts, Hazelnut.**


Slamington		
Nutritional Information		
Servings per package: 1		
Serving Size: 96 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1380 kJ (330 Cal)	1440 kJ (344 Cal)
Protein	4.2 g	4.4 g
Fat, total	17.0 g	17.7 g
-saturated	9.7 g	10.1 g
Carbohydrate	40.0 g	41.7 g
-sugars	20.3 g	21.1 g
Sodium	183 mg	191 mg

Ingredients: Donut (**Wheat** Flour, Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder (**Milk**), **Wheat** Flour, Emulsifiers (471, 472e), **Soy** Flour, Acidity Regulator (339), Antioxidant (300), **Egg** Powder, Sugar, Yeast, Iodised Salt), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Dried Coconut (Coconut, Sulphites).

**Contains Gluten, Wheat, Egg, Milk, Soy.**

**May Contain Peanut, Tree Nuts, Hazelnut.**



Smarty Pants		
Nutritional Information		
Servings per package: 1		
Serving Size: 101 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1440 kJ (343 Cal)	1420 kJ (340 Cal)
Protein	4.6 g	4.6 g
Fat, total	17.0 g	16.8 g
-saturated	8.9 g	8.8 g
Carbohydrate	42.2 g	41.8 g
-sugars	23.2 g	23.0 g
Sodium	188 mg	186 mg

Ingredients: Donut (**Wheat** Flour, Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder (**Milk**), **Wheat** Flour, Emulsifiers (471, 472e), **Soy** Flour, Acidity Regulator (339), Antioxidant (300), **Egg** Powder, Sugar, Yeast, Iodised Salt), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)), M&ms (**Milk** Chocolate (Sugar, Cocoa Mass, **Milk** Solids, Cocoa Butter, Vegetable Fat, Glucose Syrup, Emulsifier (**Soy** Lecithin), Colours (171, 102, 110, 129, 133), Vegetable Gum (414), Thickener (1400), Salt, Glazing Agent (903, Vegetable Oil), Flavour), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservative (200)).


**Contains Gluten, Wheat, Egg, Milk, Soy.**

**May Contain Peanut, Tree Nuts, Hazelnut.**

Strawberry Iced Cake		
Nutritional Information		
Servings per package: 1		
Serving Size: 59 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	753 kJ (180 Cal)	1280 kJ (305 Cal)
Protein	2.3 g	4.0 g
Fat, total	3.7 g	6.3 g
-saturated	1.5 g	2.5 g
Carbohydrate	33.5 g	56.8 g
-sugars	19.9 g	33.8 g
Sodium	260 mg	441 mg

Ingredients: Donut Mix (**Wheat** Flour (Vitamins (Thiamin, Folate)), Sugar, Vegetable Oil (**Soybean** Oil (Antioxidant 307)), **Soybean** Flour, Raising Agents (450, 500), **Milk** Solids, **Egg** Yolk Powder, Salt, **Wheat** Starch, Emulsifiers (471, 322 (**Soy**), Dextrose (Maize), Spice, Thickener (415 (**Soy**)), Flavour), Strawberry Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Flavouring (Colour (120))), Water, Vegetable Oil, Sprinkles (Sugar, Vegetable Fat (Emulsifiers (322 **Soy** Lecithin)), Glucose (From Wheat), Colours (124, 123, 133)).

**Contains Gluten, Wheat, Egg, Milk, Soy.**

Strawberry Iced Ring		
Nutritional Information		
Servings per package: 1		
Serving Size: 70 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1190 kJ (284 Cal)	1700 kJ (406 Cal)
Protein	3.0 g	4.2 g
Fat, total	15.1 g	21.6 g
-saturated	7.3 g	10.4 g
Carbohydrate	33.8 g	48.3 g
-sugars	18.0 g	25.7 g
Sodium	162 mg	231 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Strawberry Fondant (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Flavouring (Colour (120))), Sprinkles (Sugar, Vegetable Fat (Emulsifier (322 **Soy**), Glucose (From Wheat), Colours (124, 102, 110, 133, 123, 122)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Tree Nuts.**

**Strawberry Milkshake - Lge**


Nutritional Information  
 Servings per package: 1  
 Serving Size: 371 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1440 kJ (344 Cal)	389 kJ (93 Cal)
Protein	9.9 g	2.7 g
Fat, total	9.3 g	2.5 g
-saturated	6.1 g	1.7 g
Carbohydrate	54.4 g	14.7 g
-sugars	50.6 g	13.6 g
Sodium	151 mg	41 mg

Ingredients: **Milk**, Strawberry Topping (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415 (**Soy**), Preservative (202, 223), Colours (124, 122)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

Strawberry Milkshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 273 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1140 kJ (272 Cal)	416 kJ (100 Cal)
Protein	6.9 g	2.5 g
Fat, total	6.5 g	2.4 g
-saturated	4.3 g	1.6 g
Carbohydrate	45.8 g	16.8 g
-sugars	42.7 g	15.6 g
Sodium	107 mg	39 mg

Ingredients: **Milk**, Strawberry Topping (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415 (**Soy**), Preservative (202, 223), Colours (124, 122)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Milk, Soy.**

**Strawberry Thickshake - Lge**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 468 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2200 kJ (526 Cal)	471 kJ (112 Cal)
Protein	11.3 g	2.4 g
Fat, total	8.4 g	1.8 g
-saturated	6.1 g	1.3 g
Carbohydrate	99.2 g	21.2 g
-sugars	88.7 g	19.0 g
Sodium	254 mg	54 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Strawberry Topping (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415 (**Soy**), Preservative (202, 223), Colours (124, 122)).

**Contains Milk, Soy.**

**Strawberry Thickshake - Reg**


Nutritional Information  
 Servings per package: 1  
 Serving Size: 362 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1720 kJ (412 Cal)	476 kJ (114 Cal)
Protein	8.5 g	2.4 g
Fat, total	6.5 g	1.8 g
-saturated	4.7 g	1.3 g
Carbohydrate	78.2 g	21.6 g
-sugars	70.4 g	19.4 g
Sodium	187 mg	52 mg

Ingredients: **Milk**, Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Strawberry Topping (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415 (**Soy**), Preservative (202, 223), Colours (124, 122)).

**Contains Milk, Soy.**

Sweet Talker		
Nutritional Information		
Servings per package: 1		
Serving Size: 90 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1510 kJ (362 Cal)	1680 kJ (402 Cal)
Protein	4.0 g	4.5 g
Fat, total	17.3 g	19.2 g
-saturated	8.5 g	9.5 g
Carbohydrate	47.1 g	52.3 g
-sugars	27.1 g	30.2 g
Sodium	193 mg	215 mg

Ingredients: Eclair (**Wheat** Flour, Vegetable Frying Oil (Palm), Water, Vegetable Fats & Oils (**Soybean**, Palm, Canola, Coconut), Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), Soyabean Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Chocolate Fondant (Sugar Syrups (Sucrose, Glucose), Flavouring (Colours (161b, 120))), Smarties (Sugar, **Milk** Solids, Cocoa Butter, Cocoa Mass, **Wheat** Flour, Vegetable Fat (Emulsifier (**Soy** Lecithin))), Rice Starch, Emulsifiers (**Soy** Lecithin, 476), Colours (Carmine, Beta Carotene, Anthocyanin, Copper Chlorophyllin, Turmeric), Glazing Agents (903, 901), Spirulina Powder, Flavour), Snake Lolly (Glucose Syrup (Sources Include **Wheat** & Corn), Sugar, Thickener (1401 (From **Wheat**))), Gelatine, Food Acid (330), Glazing Agent (Vegetable Oil (903)), Flavours, Colours (163, 160c, 100), Spirulina Extract, Cornstarch), Chocolate Freckle (Sugar, Vegetable Fat, **Milk** Solids, Cocoa Powder, Emulsifiers (**Soy** Lecithin 322,476,492), Natural Vanilla Flavour, Non Pareils, Tapioca Starch, Glazing Agent (903), Colours (102,110,122,123,124,133)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Peanut, Tree Nuts, Almond, Cashew, Hazelnut, Macadamia, Pistachio.**




The Big Apple		
Nutritional Information		
Servings per package: 1		
Serving Size: 82 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1040 kJ (249 Cal)	1270 kJ (303 Cal)
Protein	3.8 g	4.6 g
Fat, total	13.5 g	16.4 g
-saturated	6.6 g	8.0 g
Carbohydrate	27.6 g	33.7 g
-sugars	9.1 g	11.1 g
Sodium	175 mg	214 mg

Ingredients: Donut (**Wheat** Flour, Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder (**Milk**), **Wheat** Flour, Emulsifiers (471, 472e), **Soy** Flour, Acidity Regulator (339), Antioxidant (300), **Egg** Powder, Sugar, Yeast, Iodised Salt), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)), Spiced Apple Filling (12%) (Apple, Water, Sugar, Thickener (1442), Acidity Regulator (330), Spice, Flavour, Preservative (202), Antioxidant (300), Mineral Salt (509)), Icing Sugar (Sugar, Tapioca Or Maize Starch).

**Contains Gluten, Wheat, Egg, Milk, Soy.**

**May Contain Peanut, Tree Nuts, Hazelnut.**

Toasted S/W - Cheese		
Nutritional Information		
Servings per package: 1		
Serving Size: 119.5 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1550 kJ (371 Cal)	1300 kJ (311 Cal)
Protein	11.5 g	9.6 g
Fat, total	18.2 g	15.2 g
-saturated	7.6 g	6.4 g
Carbohydrate	38.5 g	32.2 g
-sugars	2.4 g	2.0 g
Sodium	522 mg	437 mg

Ingredients: Bread (**Wheat** Flour, Water, **Rye** Meal, Yeast, Vinegar, Iodised Salt, Canola Oil, Cultured **Wheat** Flour, **Wheat** Gluten, **Soy** Flour, Vegetable Emulsifiers (481, 471, 472e), **Rye** Flour, Vitamins (Thiamin, Folic Acid)), Cheese (Pasteurised **Milk**, Salt, Starter Cultures, Non-animal Rennet, Non-animal Lipase), Margarine (Vegetable Oils (Canola, Fully Hydrogenated Palm Oil), Water, Salt, Emulsifiers (E471, E322 (**Soy**)), **Milk** Solids, Preservative (E202), Acidity Regulator (E270), Natural Colour (E160a(iv)), Vitamins A And D, Natural Flavour).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Sesame.**

**Toasted S/W - Cheese and Tomato**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 189.5 g




	Average Quantity per Serving	Average Quantity Per 100g
Energy	1610 kJ (384 Cal)	848 kJ (203 Cal)
Protein	11.9 g	6.3 g
Fat, total	18.2 g	9.6 g
-saturated	7.6 g	4.0 g
Carbohydrate	40.6 g	21.4 g
-sugars	4.1 g	2.2 g
Sodium	525 mg	277 mg

Ingredients: Bread (**Wheat** Flour, Water, **Rye** Meal, Yeast, Vinegar, Iodised Salt, Canola Oil, Cultured **Wheat** Flour, **Wheat** Gluten, **Soy** Flour, Vegetable Emulsifiers (481, 471, 472e), **Rye** Flour, Vitamins (Thiamin, Folic Acid)), Tomato, Cheese (Pasteurised **Milk**, Salt, Starter Cultures, Non-animal Rennet, Non-animal Lipase), Margarine (Vegetable Oils (Canola, Fully Hydrogenated Palm Oil), Water, Salt, Emulsifiers (E471, E322 (**Soy**)), **Milk** Solids, Preservative (E202), Acidity Regulator (E270), Natural Colour (E160a(Iv)), Vitamins A And D, Natural Flavour).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Sesame.**

Toasted S/W - Ham and Cheese		
Nutritional Information		
Servings per package: 1		
Serving Size: 169.5 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1740 kJ (416 Cal)	1030 kJ (245 Cal)
Protein	18.5 g	10.9 g
Fat, total	19.2 g	11.3 g
-saturated	7.6 g	4.5 g
Carbohydrate	40.3 g	23.8 g
-sugars	3.3 g	1.9 g
Sodium	982 mg	579 mg

Ingredients: Bread (**Wheat** Flour, Water, **Rye** Meal, Yeast, Vinegar, Iodised Salt, Canola Oil, Cultured **Wheat** Flour, **Wheat** Gluten, **Soy** Flour, Vegetable Emulsifiers (481, 471, 472e), **Rye** Flour, Vitamins (Thiamin, Folic Acid)), Ham (Pork, Water, Salt, Acidity Regulators (326, 262), Dextrose (Maize, Tapioca), Emulsifiers (450, 451, 508), Pork Protein (Herb Extract), Sugar, Modified Tapioca Starch (1412), Thickener (407a), Antioxidant (316), Sodium Nitrite (250), Potato Fibre, Citrus Fibre, Canola Oil), Cheese (Pasteurised **Milk**, Salt, Starter Cultures, Non-animal Rennet, Non-animal Lipase), Margarine (Vegetable Oils (Canola, Fully Hydrogenated Palm Oil), Water, Salt, Emulsifiers (E471, E322 (**Soy**)), **Milk** Solids, Preservative (E202), Acidity Regulator (E270), Natural Colour (E160a(iv)), Vitamins A And D, Natural Flavour).

**Contains Gluten, Wheat, Milk, Soy.**


**May Contain Sesame.**

Tough Cookie		
Nutritional Information		
Servings per package: 1		
Serving Size: 85 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1340 kJ (321 Cal)	1580 kJ (378 Cal)
Protein	4.4 g	5.2 g
Fat, total	17.0 g	19.9 g
-saturated	9.1 g	10.7 g
Carbohydrate	37.2 g	43.8 g
-sugars	16.2 g	19.1 g
Sodium	226 mg	266 mg

Ingredients: Donut (**Wheat** Flour, Water, Vegetable Fats & Oils (Palm, Canola), Dough Concentrate (Whey Powder (**Milk**), **Wheat** Flour, Emulsifiers (471, 472e), **Soy** Flour, Acidity Regulator (339), Antioxidant (300), **Egg** Powder, Sugar, Yeast, Iodised Salt), Chocolate Flavoured Topping (High Fructose Corn Syrup, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**), 471)), Water, Cocoa Alkali Processed, Sodium Caseinate (**Milk**), Colour (150c), Emulsifiers (435, 475), Stabilisers (464, 415), Sugar, Salt, Artificial Flavour), Oreo (**Wheat** Flour, Sugar, Vegetable Oil, Cocoa Powder, Fructose Syrup, Cornstarch, Salt, Raising Agents (500, 503), Emulsifier (**Soy** Lecithin), Flavour, Antioxidant (319), Minerals (Iron, Zinc), Vitamins (Riboflavin, Thiamin, Folate)), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservative (200)), Vanilla Cream (Glucose Syrup, High Fructose Corn Syrup, Water, Vegetable Oils (Refined Fully Hydrogenated Palm Kernel And Palm Fat, Emulsifiers (322 (**Soy**)), 471), Sodium Caseinate (**Milk**), Natural Cream Flavour (**Milk**), Vegetable Emulsifiers (435, 471, 475), Stabilisers (464, 415 (**Soy**)), Sugar, Salt, Preservative (202), Natural Colour (160a)).


**Contains Gluten, Wheat, Egg, Milk, Soy.**

**May Contain Peanut, Tree Nuts, Hazelnut.**

Twix Mixer		
Nutritional Information		
Servings per package: 1		
Serving Size: 189 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1510 kJ (362 Cal)	801 kJ (191 Cal)
Protein	5.1 g	2.7 g
Fat, total	9.5 g	5.0 g
-saturated	6.3 g	3.3 g
Carbohydrate	62.7 g	33.2 g
-sugars	51.6 g	27.3 g
Sodium	226 mg	119 mg

Ingredients: Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Twix (Sugar, Glucose Syrup (Sources Include **Wheat**), Flour (Sources Include **Wheat**), Glucose Syrup (Sources Include **Wheat**), Vegetable Fat, **Milk** Solids, Cocoa Butter, Cocoa Mass, Cocoa Powder, Salt, Emulsifier (**Soy** Lecithin), Raising Agent (500), Natural Flavour (Vanilla Extract)), Salted Caramel Topping (Sugar, Water, Glucose Syrup, Invert Syrup, **Milk** Solids, Vegetable Fat, Salt, Thickeners (1442, 401), Emulsifiers (471, 322), Mineral Salts (339, 500) Preservative (202)).

**Contains Gluten, Wheat, Milk, Soy.**

Vanilla Glaze Ring		
Nutritional Information		
Servings per package: 1		
Serving Size: 60 g		
	Average Quantity per Serving	Average Quantity Per 100g
Energy	1010 kJ (241 Cal)	1680 kJ (402 Cal)
Protein	3.0 g	4.9 g
Fat, total	15.0 g	25.0 g
-saturated	7.2 g	12.0 g
Carbohydrate	23.4 g	39.0 g
-sugars	8.3 g	13.8 g
Sodium	159 mg	265 mg

Ingredients: Donut (**Wheat** Flour, Vegetable Fats & Oils (Palm, **Soybean**, Canola, Coconut), Water, Dextrose, Yeast, Salt, Emulsifiers (471, 481, 472e), **Soybean** Flour, Raising Agents (500, 541), **Wheat** Gluten, **Milk** Solids), Vanilla Glaze (Sugar Syrups (Sucrose, Glucose (Wheat Derived)), Sugar, Flavour, Acidity Regulator (332, 330, 339), Mineral Salt (516), Thickeners (406, 410), Preservative (200)).

**Contains Gluten, Wheat, Milk, Soy.**

**May Contain Egg, Tree Nuts.**

**Vanilla Milkshake - Lge**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 371 mL




	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1540 kJ (367 Cal)	415 kJ (99 Cal)
Protein	9.9 g	2.7 g
Fat, total	9.3 g	2.5 g
-saturated	6.1 g	1.7 g
Carbohydrate	60.1 g	16.2 g
-sugars	58.1 g	15.7 g
Sodium	156 mg	42 mg

Ingredients: **Milk**, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Gluten, Wheat, Milk, Soy.**



Vanilla Milkshake - Reg		
Nutritional Information		
Servings per package: 1		
Serving Size: 273 mL		
	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1230 kJ (295 Cal)	451 kJ (108 Cal)
Protein	6.9 g	2.5 g
Fat, total	6.5 g	2.4 g
-saturated	4.3 g	1.6 g
Carbohydrate	51.6 g	18.9 g
-sugars	50.2 g	18.4 g
Sodium	112 mg	41 mg

Ingredients: **Milk**, Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)), Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)).

**Contains Gluten, Wheat, Milk, Soy.**

**Vanilla Thickshake - Lge**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 468 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	2300 kJ (549 Cal)	491 kJ (117 Cal)
Protein	11.3 g	2.4 g
Fat, total	8.4 g	1.8 g
-saturated	6.1 g	1.3 g
Carbohydrate	105 g	22.4 g
-sugars	96.2 g	20.6 g
Sodium	259 mg	55 mg

Ingredients: Water, **Milk**, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)).

**Contains Gluten, Wheat, Milk, Soy.**

**Vanilla Thickshake - Reg**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 362 mL



	Average Quantity per Serving	Average Quantity Per 100mL
Energy	1820 kJ (435 Cal)	503 kJ (120 Cal)
Protein	8.5 g	2.4 g
Fat, total	6.5 g	1.8 g
-saturated	4.7 g	1.3 g
Carbohydrate	83.9 g	23.2 g
-sugars	77.9 g	21.5 g
Sodium	192 mg	53 mg

Ingredients: **Milk**, Water, Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Vanilla Syrup (Sugar, Water, Vanilla Flavour, Vegetable Gum (466), Preservative (202), Food Acid (330), Colours (150d (**Wheat**), 150c)).

**Contains Gluten, Wheat, Milk, Soy.**

**Warm Cinnamon Donut Sundae**

Nutritional Information  
 Servings per package: 1  
 Serving Size: 198.7 g



	Average Quantity per Serving	Average Quantity Per 100g
Energy	1620 kJ (388 Cal)	817 kJ (195 Cal)
Protein	4.7 g	2.4 g
Fat, total	4.9 g	2.5 g
-saturated	2.5 g	1.3 g
Carbohydrate	79.4 g	39.9 g
-sugars	63.0 g	31.7 g
Sodium	411 mg	207 mg

Ingredients: Water, Maple Flavoured Syrup (Sugar Syrup, Water, Sugar, Salt, Vegetable Gum (466), Colours (150c, 150d), Preservative (202), Natural Maple Flavour, Food Acid (330)), Vanilla Soft Serve Powder (Sugar, **Milk** Solids, Maltodextrin, Glucose Syrup Solids, Vegetable Fat, Stabilisers (466, 460, 340, 412, 407), Flavours, Emulsifiers (471, 322 **Soy**), Salt, Anti-caking Agent (551), Colour (102)), Donut Mix (**Wheat** Flour (Vitamins (Thiamin, Folate)), Sugar, Vegetable Oil (**Soybean** Oil (Antioxidant 307)), **Soybean** Flour, Raising Agents (450, 500), **Milk** Solids, **Egg** Yolk Powder, Salt, **Wheat** Starch, Emulsifiers (471, 322 (**Soy**), Dextrose (Maize), Spice, Thickener (415 (**Soy**)), Flavour), Vegetable Oil, Sugar, Cinnamon.

**Contains Gluten, Wheat, Egg, Milk, Soy.**